

The Chai Life

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MOVING IN AUGUST 10TH!

BAILEY KISSACK

Our Student-Artist-In-Residence



MORE EVENTS ON PAGE 7

TALKIN' SHOP WITH TRISH



Dear Residents,

I can't believe that we're in August! I know a lot of you have been enjoying all the activities going on inside and outside of Chai Point. In another month we will look forward to our Jewish holidays. This has been an amazing summer of trying to get back to our new normal. I feel very hopeful that we are moving in the right direction.

We still need to wear our masks in public spaces and continue washing our hands for precautionary measures against this virus and its new variant.

In other good news, we are starting to see some new faces moving into our building, please take a minute to say hello to anyone you have not met. You are the true ambassadors of what makes this community great.

On another positive note, we will be remodeling our kitchen starting in November. I will be communicating more as we get closer to this happening. It's exciting to be a part of the many changes Chai Point is making in order for you to enjoy your experience here. B'Shalom!

-Trish
Executive Director

WELCOME! NEW RESIDENTS

Isabel Lopez-Wiener "Lizzie" was born in Brooklyn, NY. She worked as an Executive Assistant in a hospital on the Labor and Delivery Unit. Lizzie has 4 children, 6 grandchildren, and 5 great grandchildren with one on the way. She loves Motown music and swimming in the pool. Lizzie moved to Chai Point in April 2021. Please stop by apartment 200 and Welcome Lizzie to Chai Point!



LIZZIE LOPEZ-WIENER

Steven Platt (Steve) was born in Brooklyn New York. He has 2 daughters and 2 grandchildren. He also has a brother that lives in NY. Steve has traveled all around the world. He taught chemistry and physics and lived in Racine. During retirement he took up gardening. Please stop by apartment 304 and Welcome Steve to Chai Point!



STEVE PLATT

SURLOW AWARD WINNER



DEWION FLETCHER
Nursing, Resident Assistant

Thank you for your excellence as an employee, we appreciate you!

DIRECTORY

Executive Director
Trish Cohn ext: 9251

Administrative Manager
Cheyenne Ensor ext: 8862

Social Worker
Carolyn Schuman ext: 9250

CP Activities Director
Bonnie Jean Barczak ext: 8804

Clinical Director
Cherly Buckman ext: 8877

Director of Dining Services
Akyme Parks ext: 8863

Executive Chef
Max Washington ext: 8863

LAUNDRY & HOUSEKEEPING SERVICES



Please Contact Diane at ext **8842** to set up a meeting for your housekeeping and laundry needs!



August Birthdays!

- Edith Kohlenberg 8/13
- Shirley Langer 8/14
- Bess Schwartz 8/26
- Flora Abramson 8/28
- Janet Eisendrath 8/28
- Steven Platt 8/30

Environmental Services Manager
Diane Langholff ext: 8842

Sales & Marketing Manager
Amie Alioto ext: 8829

Public Relations Manager
Ryan Berlin ext: 8802

Take a break with...

The Chai Life

ACTIVITIES BOOKLET

WORD SEARCH

songs through the years...



D Y T S I M H O N K Y T O N K L E O L
 O G N A J D A N I H C R A E S T N N E
 N V L O N E L Y T E A R D R O P S L Y
 N B E E Y R M M B T L S Q H G E H Y E
 A L T F O A O D A E M B K E J U O Y L
 S U O T I V D K N R L A M A I I U O C
 N E O N E N E Y A E E L I U T Z T U C
 O B Y I G F K Y R R S L E T R M U K I
 T E T A I T Z F B F H U U N E A A S C
 N R T V K A A T H O V R O U E N S H C
 E R E E R E R L U T F E S Y S N I O B
 E Y E C Q A T S L I K Y F A O I L U A
 T H F D E U E Y T S G C S T D S A N B
 X I H H H R I T Y G A C A I E H N D M
 I L S W O O U L E A I L O M E B O D A
 S L R C L T T P A T K D L A P O M O B
 L I K E V O L E Y B E Y B Y S Y V G A
 R I P I T U P F N I G H T T R A I N L

- | | | | |
|------------------|------------------|---------------|--------------|
| BLUEBERRY HILL | HOUND DOG | MONA LISA | SEARCHIN' |
| BO DIDDLEY | JAILHOUSE ROCK | MOVE IT | SHOUT |
| BYE BYE LOVE | KANSAS CITY | MYSTERY TRAIN | SIXTEEN TONS |
| CRAZY ARMS | LA BAMBA | NIGHT TRAIN | SPEEDO |
| DJANGO | LONELY TEARDROPS | ONLY YOU | SUZIE Q |
| DONNA | LONG TALL SALLY | PEGGY SUE | TAKE FIVE |
| EVERYDAY | MACK THE KNIFE | RAVE ON | TEQUILA |
| FEVER | MANNISH BOY | RED HOT | TUTTI FRUTTI |
| HEARTBREAK HOTEL | MAYBELLENE | RIP IT UP | YAKETY YAK |
| HONKY TONK | MISTY | RUMBLE | YOU SEND ME |

FUN FACT On Aug. 21, 1911, the Mona Lisa was stolen from the Louvre Gallery and not recovered for two years.

SUDOKU

Sudoku is easy to play and the rules are simple. Fill in the blanks so that each row, each column, and each of the nine 3x3 grids contain one instance of each

EASY

		2		9	4			5
	3						6	9
		5	8					
						8		
5		3						
4	9	1	5					
1					3		7	6
	7		4					
	6	8	2	5				4

MEDIUM

				5		2		
			1	4	6		8	
				7				9
		2	5	8				4
				1				
		4				6		8
				6			3	
8	2		4				1	
9	1		2					

HARD

9		4						
		8			6	9		
2	5					1		
	9			4				3
			6				8	
			5		2			
			8		3			
		2					3	1
4	1							6



RIDDLES

A bus driver goes the wrong way on a one way street. He passes the cops but they don't stop him. Why?

A man purchased a \$20,000 car but he didn't have to pay a penny. How did he do it?

Why was the stoplight embarrassed?

ANSWERS ON PAGE 6

The Cooking Corner

Elaine Berke's Yugoslavian Fish Soup



You will need:

- 1 small onion,
- 2-3 tbsp oil,
- 3 tbps Hungarian paprika,
- 2 cups fish/seafood stock,
- 1 cup dry white wine,
- 1 can diced tomatoes,
- 1/2 lemon,
- 3/4 lb whitefish or salmon,
- salt and pepper,
- sourcream or yogurt,
- boiled potatoes (optional)

DIRECTIONS

1. In a medium sized soup pot, sautee one small diced onion with 2-3 tbsp of oil and 3 tbs paprika on low to medium heat for a few minutes; until ingredients are married.
2. Next add 2 cups of seafood stock and 1 cup of dry wine (whatever wine is to your liking) to the pot- make sure not to boil! Keep on low-medium heat.
3. Add 1 can of diced tomatoes (including the juice) and whisk in 2-3 tbsps of either sour cream or yogurt. Again, make sure the heat is not too high so to not curdle the sour cream or yogurt.
4. With your choice of whitefish or salmon, season to your liking with salt and pepper and cut in cube form. Then incorporate the fish into the pot on low-medium heat for 5-10 minutes; it is optional to add boiled potatoes to the soup at this point.
5. Taste and season to liking; add lemon juice for a nice kick!

RIDDLE ANSWERS:

He was walking; He didn't have to pay a penny, he had to pay \$20,000; Because people were watching it change.

AUGUST ACTIVITIES CHAI-LIGHTS

TUESDAY 8/2, 1:45 PM- MIAD professor Jim Slauson presents his Art Appreciation Class



WEDNESDAY 8/3, 3:00 PM- Musical Theater Hour with Paul Salsini featuring a performance by Shirley Jones and Florence Henderson

WEDNESDAY 8/4, 1:30 PM- The OY-LYMPICS



FRIDAY 8/6, 3:30 PM- Hazzan Michele (Howie and Arlene's daughter) will lead our Kabbalat Shabbat service

TUESDAY 8/10- Our Student-Artist-In-Residence Bailey Kissack moves in at Chai Point



THURSDAY 8/12, 10 AM- Bingo sponsored by Hearts To Home

THURSDAY 8/12, 1 PM- KOACH presents Marge Eiseman (teacher, singer/songwriter) via Zoom

THURSDAY 8/12, 2 PM- "A Tour of Jewish Paris"

MONDAY 8/16, 11 AM- The Fulton String Trio

WEDNESDAY 8/25- Wendy & Rik- great musical comedy couple from Los Angeles, CA

-Bonnie Jean
CP Activities Director

RABBI'S CORNER



Rosh Hashanah – is the Jewish New Year. While many translate the Hebrew as "The Head of the Year," others have noted that the word Shanah, or Year, is related to the word Shinui which means change. Using that, we could translate Rosh HaShanah as the "head or start of change."

Elul is a month of introspection and contemplation. We take time to stop and consider what we have done well and what we need to change. We reflect on our past and how we have arrived at where we are today. Only then are we ready to contemplate what changes we need to make for a better future. This is not something that can be done quickly or carelessly, which is why we can benefit from a full month to prepare for the future.

In some communities the Shofar is sounded every day during the month of Elul. The Jewish scholar Maimonides wrote that the sound of the shofar is designed to arouse our souls from the slumber of complacency. It is our spiritual alarm clock, a reminder that now is the time to start anew. Take some time during Elul (August 9-September 6, 2021) to begin the process of reflection, contemplation, and change. Read inspirational materials. Write down some of your thoughts about this. Take time to discuss your feelings and hopes with others. Then the New Year can be truly blessed with the goodness of your dreams and hopes.

-Steven Adams
Director of Pastoral Care

NURSING UPDATE

Nursing Staff available daily to check vital signs (blood pressure, pulse, respiratory rate, temperature, and pulse oximetry). Please present at the 2nd floor Wellness Office, or call the front desk to have a member of the nursing staff come to your apartment.

Thank you.

-Cheryl, RN
Clinical Director

SOCIAL WORK UPDATE

Is a personal emergency device necessary when living at Chai Point?



The answer is always **yes**, whether you are an independent or assisted living resident. If a resident falls in their apartment they may be unable to get to the pull cord or phone to get help. To avoid this situation, a personal device (pendant) is worn around your neck and will activate when it senses a fall. The pendant is equipped with a two-way radio to talk with you if there is an emergency. If necessary, our front desk will be notified to send nursing staff up to assist you. This pendant is also equipped with GPS location and can help you in an emergency in the community. If you are interested in this pendant, please see Carolyn in social work.

-Carolyn
Social Worker

DINING UPDATE



"One who eats slowly, lives long"

Talmud, Berachot, 54B

FRONT DESK UPDATE

We are happy to greet all the friendly smiling faces flowing into our lively building! As a reminder, visitors must be screened before proceeding to resident apartments. All visitors are required to sign in and out at the front desk using the Accushield kiosk; it only takes a few minutes. We would appreciate your help by reminding your visitors to follow the protocol (and not trying to sneak by the busy receptionists). If multiple people are visiting at once, each visitor must sign in. Kids do not need to sign in, but must have their temperature taken.

-Cheyenne
Administrative Manager