



January 13th thru January 19th, 2019

Dining by the Lake

SUNDAY, JANUARY 13TH, 2019

LUNCH (DAIRY)	<p>Split Pea Soup Spaghetti with Sauce & Garlic Bread OR Potato Pancakes with Sour Cream & Applesauce Mixed Vegetables • Israeli Salad • Banana Cake</p>
DINNER (MEAT)	<p>Onion Soup • Spring Mix Salad Honey Roast Chicken with Rosemary & Lemon OR Salisbury Steak Fresh Sweet Potatoes • Sautéed Sugar Snap Peas Dessert: Fruit Crisp</p>

MONDAY, JANUARY 14TH, 2019

LUNCH (MEAT)	<p>Chef's Choice Soup Meatloaf OR Caribbean Turkey Stew with Bourekas Red Skinned Mashed Potatoes • Glazed Baby Carrots • Chef's Choice Dessert</p>
DINNER (MEAT)	<p>Chicken Noodle Soup • Garden Green Salad Veal Marsala with Mushrooms OR Hungarian Beef Goulash Parsley Noodles • Roasted Butternut Squash Dessert: Chef's Choice Dessert</p>

TUESDAY, JANUARY 15TH, 2019

LUNCH (DAIRY)	<p>Cream of Spinach Soup Vegetarian Lasagna OR Vegetarian Shepherd's Pie Key Largo Vegetables • Caesar Salad • Angel Food Cake with Strawberry Topping</p>
DINNER (DAIRY)	<p>Broccoli & Cheddar Soup • Spinach Mandarin Salad Lemon Parmesan Cod with Garlic Butter OR Swedish Vegetarian Meatballs Rice Pilaf • Sautéed Green Beans Dessert: Cookies</p>

*Alternatives are available if you would like something other than what is offered on the menu.
All you need to do is call the Front Desk at Ext. 1100 & request another option.*

*To serve you better, we ask that you call **no later than 10:30 a.m.** for special lunch requests,
and **no later than 2 p.m.** for special dinner requests.*

Ask about your sugar-free dessert choices

WEDNESDAY, JANUARY 16TH, 2019

LUNCH (MEAT)	Hearty Vegetable Soup Hamburger on Bun w/ Lettuce, Tomato & Pickle OR Fried Chicken Wings Sweet Potato Fries • Peas & Carrots • Watermelon
DINNER (MEAT)	Kosher Italian Wedding Soup • Waldorf Salad Beef Tajine OR Lamb in Rosemary Wine Sauce Oven Red Potatoes • Roasted Seasonal Vegetables Dessert: Brownies

THURSDAY, JANUARY 17TH, 2019

LUNCH (MEAT)	Greek Bean Soup Cabbage Roll OR Open Faced Turkey Sandwich Candied Mashed Sweet Potatoes • Jewish Venetian Spinach Dessert: Apple Turnover
DINNER (DAIRY)	Cream of Carrot Soup • Tossed Green Salad Pineapple Glazed Salmon OR Vegetarian Chicken Parmigiana Kasha Varnishes • Roasted Broccoli Dessert: Cheesecake with Cherry Toppings

FRIDAY, JANUARY 18TH, 2019

LUNCH (DAIRY)	Cream of Potato Soup • Carrots & Craisin Salad Mock Crab Pot Pie OR Falafel in Pita with Sauce, Lettuce, Tomato & Pickles Onion Rings • Capri Vegetables • Apple Pie
DINNER (MEAT)	Matza Ball Soup • Chef Salad Savory Short Ribs OR Hawaiian Chicken Twice Baked Potatoes • Roasted Asparagus Dessert: Black Forest Cake

SATURDAY, JANUARY 19TH, 2019

LUNCH (DAIRY)	Borscht Soup Lox & Toasted Bagel w/ Cream Cheese Onion & Tomatoes OR Cottage Cheese with Fresh Fruit & A Mini Muffin Macaroni Salad • Marinated Bean Salad • Pumpkin Pie
DINNER (DAIRY)	Tomato Basil Soup • Mandarin Spinach Salad Tuna Salad • Seafood Salad • Egg Salad • Potato Salad Chips • Rye Bread or Pretzel Roll Dessert: Eclairs